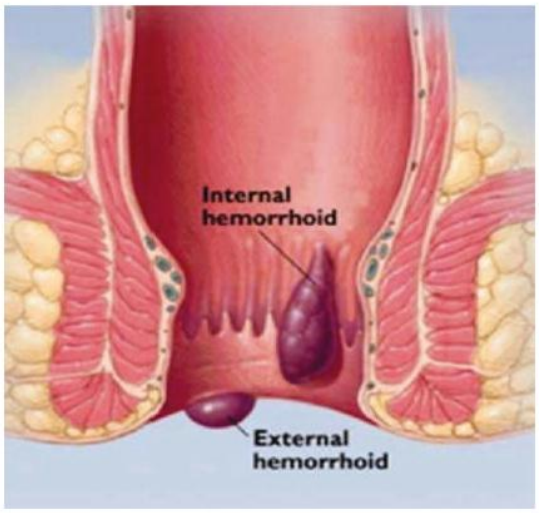
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Think Globally, Act Locally

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Hemorrhoids

Overview

Hemorrhoids, often called piles, are clusters of veins in the anus, just under the membrane that lines the lowest part of the rectum and anus. They occur when veins in your rectum enlarge from straining or pressure



Signs and Symptoms

- **Internal hemorrhoids:** You can't see or feel these hemorrhoids. But straining or irritation from passing stool can injure a hemorrhoid's delicate surface and cause it to bleed. You may notice small amounts of bright red blood on your toilet tissue or in the toilet bowl. Because internal membranes lack pain sensitive nerve fibers, these hemorrhoids usually don't cause discomfort. However, you may experience a feeling of fullness in your rectum following a bowel movement. Occasionally, straining can push an internal hemorrhoid through the anal opening. If a hemorrhoid remains displaced (prolapsed), it can cause a constant, dull ache. When irritated, it can itch or bleed.
- **External hemorrhoids:** These hemorrhoids tend to be painful Sometimes blood may pool in an external hemorrhoid and form a clot (thrombus), causing severe pain and inflammation. When irritated, external hemorrhoids can itch or bleed.

Causes:

Hemorrhoids can develop from any increase in pressure in the veins in the lower rectum. Common sources of pressure include:

- Constipation and the accompanying extra straining
- Diarrhea and the abrupt expulsion of diarrhea stools
- Sitting or standing for a long time
- Obesity
- Heavy lifting
- Pregnancy and childbirth

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Benefit of SGS Therapy:

- Visibly Removes Constipation
- Effectively heals of Anus & rectum veins for normal blood supply
- Helps to normalise stool formation
- Repairs & regulates & normalise peristaltic movement of large intestine.

Suggested Products:

Minerjal : Take 10 drops 3 times in 100 ml of Drinking water

Minerjal Lyte : Add 25 drops in 1 litre Drinking water and finishes it in a day







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