SATEJ
GLOBAL SCIENCE
Think Globally, Act Locally

Plot No. 272/A, Opp. Renaissance Hotel,
Chankyapuri Road, Nr. Kargil Petrol Pump,
Off. S.G. Highway, Ahmedabad- 380061.
+91 9723287125
info@satejglobalscience.com
www.satejglobalscience.com

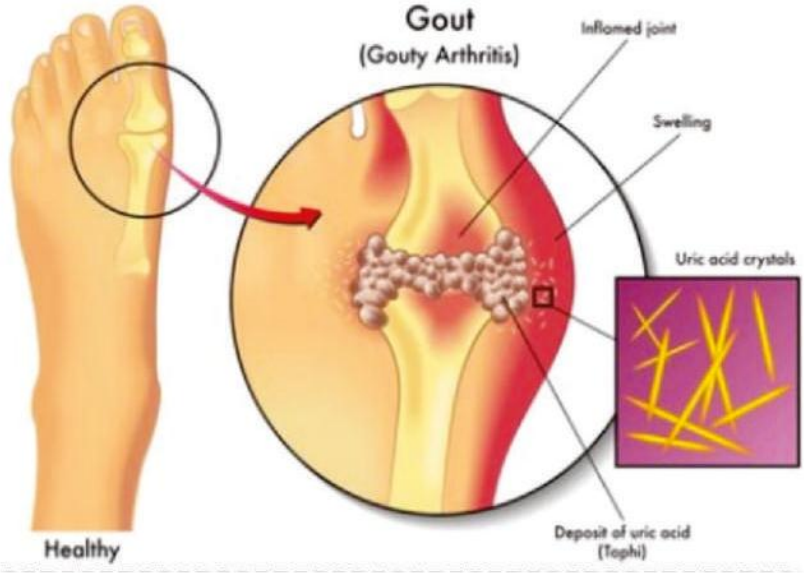
Gout

Overview

Gout is a form of arthritis that causes sudden, severe attacks of pain, tenderness, redness, warmth and swelling (inflammation) in some joints. It usually affects one joint at a time.

The large toe is most often affected, but gout can also affect other joints in the leg (knee, ankle and foot) and, less often, joints in the arm (hand, wrist and elbow). The fingers are rarely involved and the spine is almost never affected.

About 9 out of 10 affected individuals are men over the age of 40. The peak age of attacks is 75 years, but it can occur in young individuals on rare occasions.



The pain and swelling associated with gout are the result of the body's response to the accumulation of urate crystals in the affected Joint. Enlarged circle shows microscopic New of urate crystals.

Signs and Symptoms

- Sudden, intense joint pain, which often first occurs in the early morning hours
- Swollen joint that is warm to touch
- Red or purple skin around the joint

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Causes:

The cause of gout is due to accumulations of uric acid within the joint fluid. Uric acid is a waste product of many foods that we eat. In order to properly digest food, and rid our body of waste, we produce substances such as uric acid to transport waste material. Ultimately, uric acid is excreted via the kidneys as urine. However, when the transportation of uric acid is impaired, and uric acid accumulates in the blood stream, the condition called gout may result. The Impairment is often due to a hereditary problem, but can also have other causes. When the uric acid level becomes too high for an individual, painful attacks of gouty arthritis, or Joint pain, can result. Other symptoms can include kidney stones, and, ultimately, kidney failure. **It is Interesting to note that the relationship between uric acid levels in the blood stream and gout is unclear. Some Individuals with gout have normal or near normal blood levels of uric acid; other individuals have very high blood levels of uric acid with no symptoms of gout. It appears to be entirely dependent on the individual.**

Benefit of SGS Therapy:

- Regulates the metabolism & maintains the uric acid level in the blood stream
- Keeps the required level of alkaline blood PH to ensure excretion of uric acid from the body
- Strengthens the Kidney function
- Removes swellings & inflammations from affected parts of joints

Suggested Products:

Minerjal : Take 10 drops 2 times in 100 ml of Drinking water
Minerjal Lyte : Add 25 drops in 1 litre Drinking water and finishes it 2 times in a day
SatvAmrut : 1 Capsule 2 times after meal
ActiSat : 1 Capsule 2 times after meal
LivoSat : Daily 1 Sachet 1 time



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